

ACTS Retreat Ministry

WHAT EXACTLY IS AN ACTS RETREAT?

An ACTS weekend is a three-day Catholic lay retreat presented by fellow parishioners like you who are also past retreatants. It is intended for anyone who wants to develop a closer relationship with Christ. The purpose of the weekend is to instill in the retreatant a new or deeper relationship with the Lord and fellow parishioners through:

Adoration and daily prayer;

Community in one's parish as a member of the Body of Christ;

Theology by encouraging more study of our faith through God's word;
and to instill a virtue of

Service to our Lord, our parish, and to each other.

The retreat begins on a Thursday evening at 5:30pm and ends with Mass at St. Louis Catholic Church on Sunday morning at 11:30 am. Following Mass, a luncheon reception will be provided for retreatants, their families, and the members of the ACTS Ministry.

These four themes are the focus of an ACTS retreat.

The ACTS movement started in 1987 at Our Lady of Perpetual Help in Selma, Texas. It has evolved into a weekend retreat patterned after the description of the early church in the Acts of the Apostles (ACTS 2:42-47): breaking bread together, worshipping together, receiving instruction together, sharing in common, and reaching out in loving service. No two retreats are exactly alike. Each one is unique because of the individuality of each team that leads the retreat. The retreat weekend is a chance to relax and focus your faith journey. Holy Scripture and the teachings of the Catholic Church are the guides for the experience. Spiritual direction will be available during the retreat.